

# The New Balance Girls on the Run ® 5K

## Spring 2010 • Washington, DC

Join us for a 5K Run/Walk Event for Girls on the Run – DC participants, families, coaches and neighbors

When: Sunday, May 16, 2010 at 9:30 a.m.

Where: American University, Start and Finish lines on Friedheim Quadrangle

Why: To celebrate the Girls on the Run of Washington D.C., to run a family-friendly race and to have fun

### How to Register:

- Beginning March 13<sup>th</sup>, go to [www.gotrdc.org](http://www.gotrdc.org) and click on the Register for Race link on the front page to sign up through Active.com
- Race fees are \$20 for early registration and \$25 for day-of registration
- Race packets pick-up will start at 7:30 a.m. on the day of the race at the registration table on the Friedheim Quad
- Free parking and shuttles from the Tenleytown Metro Station

